lift NEW JERSEY

A FAMILY GUIDE FROM AN NJ DDD PROVIDER

Getting started with NJ DDD services

New Jersey's Division of Developmental Disabilities (DDD) pays for services that help adults with intellectual and developmental disabilities live at home and in their community.



1 What is DDD?

People call it "the DDD waiver," but DDD runs two Medicaid waiver programs:

Supports Program. Where most adults living with family start. No waiting list.

Community Care Program. For higher needs. People join a waiting list.

WHO QUALIFIES

- **21 or older.** They can apply from 18.
- **A New Jersey resident**
- **Active NJ Medicaid**
- **A developmental disability** that started before 22, is lifelong, and limits at least 3 of 7 life areas

2 Are they already approved?

The quickest test
Do they have a Support Coordinator? If yes, they're almost certainly enrolled.

LOOK FOR PAPERWORK FROM DDD

- A letter saying they were **found eligible**
- A **tier letter**, sent after the NJCAT assessment
- A yearly **service plan** (ISP)

DOESN'T SETTLE IT

Having Medicaid doesn't mean they're on DDD. And no paid caregiver doesn't mean they aren't.

3 How do they apply?

1. **Get NJ Medicaid first.** On SSI, it's automatic. Otherwise, apply at your County Board of Social Services.
2. **Gather documents:** proof of age, Social Security card, citizenship or immigration status, proof of address, and medical documentation of the disability.
3. **Apply online** on a computer, or mail a paper form. You can help; they (or their legal guardian) submit.
4. **Get DDD's decision,** up to 60 days after a complete application.
5. **Then:** the NJCAT assessment, a Support Coordinator, enrollment, and choosing providers.

Still not sure? Call DDD intake

800-832-9173

Press 2 → Choose your county → Ask for intake

Call together with your loved one. Have their date of birth, county, Medicaid number and any DDD letters ready.

Good to know

- ✓ Apply at 18 so services can start at 21.
- ✓ Medicaid has to stay active the whole time.
- ✓ Your family chooses the providers.
- ✓ A family member can often be the paid caregiver, through an agency like Lift.

Scan for the full guide

LiftNewJersey.com/ddd

Questions? We'll walk you through it, at no cost.

Lift Family Care New Jersey is an approved DDD provider serving all 21 counties. We can't apply for your loved one, but we can help with every step.

CALL OR TEXT
(609) 715-5438
LiftNewJersey.com/ddd

Lift is a DDD service provider, not the State of New Jersey. DDD decides eligibility and has the final word. Checked against nj.gov on November 21, 2026.